

SARAH FOSTER-**SPROULL**

"If the Royal New Zealand Ballet can harness talent like hers, it may just become a creative force to reckon with" Laura Capelle, Financial Times, United Kingdom. 2019



University of Auckland Royal New Zealand Ballet

Center for Ballet and the Arts at NYU

The Big Idea

'Thankful for the Arts' Creative NZ

Foster Group Dance website

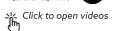
Foster Group Dance Instagram



To Hold (2024)

Sarah Foster-Sproull's To Hold is her fifth original work for the RNZB. It explores the intricate wonders of the human form: shape shifting, endlessly inventive.

VIDEO LINKS



Full work

Trailer 1

Trailer 2 (full Solace programme)

Trailer 3

Trailer 4

REVIEWS





Click to open full reviews

"To Hold is an accumulation of Foster-Sproull's movement research. It is at times astonishingly ingenious, with intricate tableaus where filigreed hands create baroque images that disappear with the flick of a wrist. There are brilliant textures and complex choreographic structures all delivered with symphonic energy by a cast relishing the challenges. They move seamlessly to create refined points of focus, driven by a relentless score. Foster-Sproull and composer Eden Mulholland, are creating dance that reaches and moves audiences."

Lyne Pringle, The Post

"Sarah Foster-Sproull's To Hold presents... a pulsating ensemble piece that fills the stage with dancers in often thrilling combinations... Foster-Sproull celebrates connection, a feature that is highlighted in the way hands are used as a visual thread throughout the work."

Dr Ian Lockhead, Theatreview

"Sarah Foster Sproull's deeply personal To Hold, dedicated to her daughter Ivy, is the choreographer's most powerful, authentic, and enriching work for the Royal New Zealand Ballet to date."

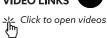


The Autumn Ball (2021)

Commissioned by the Wanaka Festival of Colour, Autumn Ball celebrates the autumn season of people's lives.

VIDEO LINKS





Full work

Trailer 1

Trailer 2

Trailer 3

REVIEWS





"Sarah's creativity is strikingly apparent long before her 400,000 moves are executed speedily in half an hour."

Mona Williams, Theatreview

"The Autumn Ball dances to an entirely different beat. The thunderous, heavy music gives the piece a more modern edge, and a challenge is set. The performers are dressed in bright, sometimes-70s-style costumes, and initially split along gender lines as they seem to challenge each other to Shark-vs-Jet-like duels."

Wellingtonista

Dr Ian Lockhead, Theatreview

Brigitte Knight, Theatreview

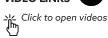


Ultra Folly (2022)

Responding to a period of isolation, Ultra Folly considers the tension between limited touch and full contact partnering.

VIDEO LINKS





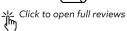
Full work

Trailer 1

Trailer 2

REVIEWS





Zoe Hunter, NZ Herald **Andrew Whiteside**





Inky Blue (2023)

My daughter started having seizures last year. She explained the experience as an inky blue place, where she walked with hybrid beasts.



Full work



Fever Dream (2020)

Created with dancers from the New York City Ballet amidst the COVID-19 lockdown. A dream like revisioning of life in isolation.



Full work



SARAH FOSTER-**SPROULL**

FEATURES



Click to open feature articles

NZ Herald Feature 1

NZ Herald Feature 2

NZ Herald feature RNZB

University of Auckland feature

The Spinoff

The Post

Wellington Scoop

Mindfood



Artemis Rising (2019)

A work for the Royal New Zealand Ballet, connecting a dancer with the iconic goddess of young girls and wild animals.

VIDEO LINKS



Click to open videos

Full work

Trailer 1

Trailer 2

Trailer 3

REVIEWS



Click to open full reviews

"Artemis Rising, by New Zealander Sarah Foster-Sproull marks the welcome return of this preeminent, powerhouse choreographer to the Royal New Zealand Ballet."

Brigitte Knight, Theatre Scenes

Dance Aotearoa New Zealand Lyne Pringle, Dominion Post





New Zealand